

2013 in 2013 Declutter Challenge

February is the Month of Bathrooms, Laundry, Office & Paper

It's Month #2 and we're tackling the bathrooms, laundry, office/study and paper clutter.

Paper clutter in particular strikes fear into the heart of many, but if you take it step by step, you will be hundreds - if not thousands - of pieces lighter by the end of the month.

Sound good? OK, let's get into it.

Move through the following areas of your home as you have the time. The bathrooms are short projects you can tackle in 30 minutes, while the laundry and office may need longer. Paper clutter is not a big problem for some, but others may need to nominate a night (or two or three) to work through it.

Again, you are looking for things you no longer need, want or use. Bathrooms will have cosmetics that are out of date or never used, while the laundry will have collected stuff from all over the house - some useful, some junk. For all of these projects you can use the decluttering process we looked at in January. ([This link](#) will take you to the download if you don't already have it.)

The office and the paper clutter will require you to ask some additional questions:

- Do I need this (for legal or business reasons)?
- If not, why am I holding on to this?
- Can I access and store this information online instead?

There is a three-part series I've written that takes you through the entire process of removing paper clutter from your home. If you're feeling overwhelmed by the task, I suggest you have a read of it before beginning - it can be a really big job.

Get Rid of Your Paper Clutter Once and For All: [Part One](#) | [Part Two](#) | [Part Three](#)

Remember: keep count of the items you recycle, donate, sell or throw away and share your progress with us in the [2013 Declutter Challenge forums](#).

The February Checklist

Print this checklist off and work through it over the course of the month.

Bathroom

- Cosmetics
- Candles/Gift packs
- Bath toys
- Out-of-date lotions etc

For more advice on bathroom decluttering, [check out this post](#) on the Sydney Morning Herald.

Laundry

- Cleaning supplies
- Mismatched socks, etc
- Clothes waiting for 'repair'
- Storage - food, toys, etc

Office/Study

- Filing cabinet
- Drawers
- Desk surface
- Computer desktop and hard-drive
- Email Inboxes

For more information about decluttering your inbox, [check out this post](#).

Papers

- Old bills, paperwork, tax information, etc
- Magazines
- Papers requiring action
- Papers waiting to be filed

For an indepth look at tackling your paper clutter, take a look this series of posts on the blog. [Part One](#). [Part Two](#). [Part Three](#).