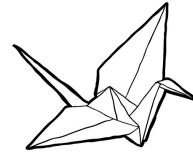


# 2014 in 2014 Declutter Challenge

-- Are you ready to let go? --



## CLUTTER QUESTIONNAIRE -- Month #1

These questions are designed to give you a realistic overview of your current clutter situation. There are no right or wrong answers and no good or bad places to begin. It's simply important to understand your strengths and weaknesses before starting the 2014 Challenge. Otherwise you may wonder why a particular task is proving difficult for you, only to discover that it's playing to a weakness of yours.

I often find that simply being aware of these strengths and weaknesses helps me to overcome them more easily too. Not only am I aware of them before they become an issue, but I can also ensure I'm operating at my best when dealing with a task that is going to prove difficult. Even if that means putting something off until I have the time to do it properly, the results are always worth it.

You will need approximately 15-20 minutes to complete this survey. Not only will it help you identify sore points, strengths and weaknesses, but it also gives you a baseline to measure your progress against. We will revisit the questionnaire later in the year, and finish up with a final survey to see just how far you've come in 12 months.

Print off the survey and take some time to think through your answers. It will also help you to walk through each room as needed and evaluate the current situation.

## SECTION 1 - Your Home

1. Do you live in a:

- house
- apartment
- townhouse
- flat
- duplex
- RV
- other

2. How many bedrooms do you have?

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3. How many levels ?

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4. How many rooms in your home in total?

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5. How many cupboards/closets or wardrobes?

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6. How many storage rooms? (Including linen cupboard, basement, attic, etc.)

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7. How many outbuildings? (Including sheds, garages, studios, etc.)

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8. Do you rent any extra storage space outside your home?

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## SECTION 2 - Your Clutter

On a scale of 1-10 (with 1 being sparse and 10 being hoarder-type clutter) rate the current clutter situation for each of the following applicable rooms:

Entryway	1	-----	5	-----	10
Kitchen	1	-----	5	-----	10
Dining	1	-----	5	-----	10
Living	1	-----	5	-----	10
TV Room	1	-----	5	-----	10
Playroom	1	-----	5	-----	10
Hallway 1	1	-----	5	-----	10
Hallyway 2	1	-----	5	-----	10
Hallway 3	1	-----	5	-----	10
Office/Study	1	-----	5	-----	10
Master Bedroom	1	-----	5	-----	10
Wardrobe/Closet	1	-----	5	-----	10
Bedroom 2	1	-----	5	-----	10
Wardrobe/Closet	1	-----	5	-----	10
Bedroom 3	1	-----	5	-----	10
Wardrobe/Closet	1	-----	5	-----	10
Bedroom 4	1	-----	5	-----	10
Wardrobe/Closet	1	-----	5	-----	10
Bedroom 5	1	-----	5	-----	10
Wardrobe/Closet	1	-----	5	-----	10
Bedroom 6	1	-----	5	-----	10
Wardrobe/Closet	1	-----	5	-----	10
Guest Room	1	-----	5	-----	10
Wardrobe/Closet	1	-----	5	-----	10
Laundry Room	1	-----	5	-----	10
Ensuite	1	-----	5	-----	10
Bathroom 2	1	-----	5	-----	10
Bathroom 3	1	-----	5	-----	10
Powder Room	1	-----	5	-----	10
Linen cupboard	1	-----	5	-----	10
Store Room	1	-----	5	-----	10
Basement	1	-----	5	-----	10
Attic	1	-----	5	-----	10
Front Patio	1	-----	5	-----	10
Back Patio	1	-----	5	-----	10
Garage	1	-----	5	-----	10

## SECTION 3: You, Your Housemates and their Habits

1. Who do you live with?

- Housemates/Friends
- Partner
- Kids
- Grandkids
- Carer
- Parents
- In-Laws
- Other

2. What are their ages?

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3. Are they messy? Tidy? Helpful? Enthusiastic?

Note down a little about each of the people you live with.

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4. Are you currently studying?

YES / NO

5. Is anyone else in the home studying?

YES / NO

6. Are there a lot of materials (books, papers, supplies)  
involved in this study?

YES / NO

7. Do you have space to keep it?

YES / NO

8. What do you do for work?

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9. Are there a lot of materials involved in this work?

YES / NO

10. What do your housemates do for work?

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11. Do you live with kids?

YES / NO

12. What are their ages?

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13. Are they likely to be helpful in the decluttering process? YES / NO

14. On a scale of one to ten (with 1 being very few and 10 being an overwhelming amount) how many toys do your kids own?

1 ----- 5 ----- 10

15. Is there enough room to store them?

YES / NO

16. Is your partner/spouse open to the idea of decluttering?

YES / NO

17. Is your partner/spouse a sentimental person?

YES / NO

18. Are you are a sentimental person?

YES / NO

19. Do you find it difficult to let go of mementoes?

YES / NO

20. On a scale of 1 to 10 (with 1 being very happy and 10 being very unhappy) rate how you feel about the current clutter situation in your home.

1 ----- 5 ----- 10

21. Looking ahead at the 2014 in 2014 Declutter Challenge, list the top 5 areas in your home that you are most concerned about.

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22. If you could choose one word to describe how you hope to feel in your home once this challenge is completed, what would it be? (Think positive - content, calm, happy, relaxed, etc.)

**Once you've completed the survey, file it away somewhere you will remember, so you can refer to it again in a few months time when we re-visit the same questions. The aim, then, is to be able to recycle all three surveys once the 12 months are up and you have reached your clutter goal.**

